



Lunch & Learn

LIFE SKILLS CLASSES

lunch provided 11:30am-1:00pm

2024 Winter Schedule

October 1	Planning for the Holidays Money International
October 15	Time Blocking Shelley Winterboer
November 5	Dealing with Anxiety Marsha and Laura
November 19	Self Defense Scott Sandt- Solid Rock Karate
December 3	Internet Safety CPL. Reed- GPD
December 17	Active Shooter CPL. Reed- GPD

Classes are in Building 2 on 1st and 3rd Tuesdays at 11:30am
3606 McEver Rd, Oakwood, GA 30566